

5 PHRASES FOR COACHING IMPACT



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1 "I'M GLAD YOU'RE HERE"

Reinforce each player's value

2 "TODAY WE'RE GOING TO . . ."

Preview learning targets (briefly)

3 "I DARE YOU TO TRY . . ."

Foster risk-taking and courage to accept challenges

4 "SHOW ME"

Check for understanding and assess progress

5 "I LIKED HOW YOU . . ."

Make praise specific

